



# Supinda Sirihekaphong

**Doula, Yoga Teacher & Thai Massage Therapist**  
(510) 775-2343 | supindasiri@gmail.com

Offering holistic and accessible services to support healing and integration of body, mind and spirit.

Serving the Morongo Basin including Joshua Tree, Landers, Morongo Valley, Pioneertown, Twentynine Palms and Yucca Valley

## Professional Experience

### **Yoga and Massage Experience**

- Donation-based Yoga Teacher and Thai Massage Therapist, March 2020-present  
[Sowing Seeds Wellness](#)
- Group Yoga Teacher, Workshop Facilitator & Technical Assistant, December 2019-April 2021  
Instant Karma, Joshua Tree, CA
- Group Yoga Teacher, July 2019-November 2019  
Anytime Fitness, Orinda, CA
- Prenatal & Postpartum Yoga Teacher, April 2019-November 2019  
YogaLove, Oakland, CA

### **Doula Experience**

- Doula, January 2018-present  
[Infinite Support Birth Services](#)
- Doula Contractor, July 2021-January 2023  
Riverside Community Health Foundation, Doula Access Program
- Community Doula, January 2018-November 2019  
Roots of Labor Birth Collective, Oakland, CA
- Volunteer Doula, January 2018-November 2019  
Birthways, Berkeley, CA

### **International Higher Education Experience**

- Program Manager, March 2012-June 2017, Cañada College, Redwood City, CA
- Student Advisor, January 2008-December 2011, The New School, New York, NY
- Assistant Director, November 2006-December 2007, Arcadia University, Glenside, PA

## **Nonprofit Experience**

- Fundraising & Marketing Contractor, August 2022-present, Global Healing
- Part-time Office Manager, September 2017-November 2019, Global Healing, Oakland, CA
- Grant Writer, November 2004-October 2005, Harlem RBI, New York, NY
- Development Assistant, August 2001-October 2004, Weizmann Institute, New York, NY

## **Certifications**

- Certified Massage Therapist, Expected Date of Completion, December 2023  
Somatherapy Institute of Massage, Rancho Mirage, CA
- Certified 100 Hour Prenatal Yoga Teacher, April 2019  
Lotus Blossom Prenatal Yoga Teacher Training, Palo Alto, CA
- Certified 200 Hour Yoga Teacher, March 2019  
Yoga Alliance Registered School, Breathe for Change, San Francisco, CA
- Certified Birth Doula, October 2017  
DONA: Doula International, Trainer: Connie Sultana
- Adult and Pediatric CPR/AED & First Aid Certification, December 2022  
American Red Cross

## **Additional Trainings**

- Doula Medi-cal Provider Transition Training, December 2022  
Riverside Community Health Foundation
- HIPAA Training, December 2022  
Riverside Community Health Foundation
- Postpartum Doula, October 2022  
DONA: Doula International  
Trainer: Kathrin Auger
- Lactation and Infant Feeding for Doulas, October 2022  
Honeybee Haven, Melissa Woiwode CLEC
- Spinning Babies® Workshop, June 2022  
Trainer: Nicole Morales, Desert Regional Medical Center, Palm Springs, CA
- Acupressure for Labor, August 2022  
Tina Ghahramani-Singh L.Ac., Nurture Birth, Newport Beach, CA
- Abortion Doula Training, May 2021  
Birth Advocacy Doula Training
- Yoga & Social Equity, December 2020  
Laughing Lotus SF, Dia Penning & Brima Jah
- Breastfeeding Peer Support, August 2020  
WIC & Contra Costa Health Services
- 85 Hour Traditional Thai Massage, September 2019  
Baan Hom Samunphrai, Chiang Mai, Thailand

### Formal Education

- Doctor of Education, Educational Leadership, May 2016  
San Francisco State University, San Francisco, CA  
Dissertation: Resurfacing Race: Faculty Diversity in California Community Colleges
- Master of Science, Nonprofit Management, May 2006  
The New School, New York, NY
- Bachelor of Arts, Communications, December 2000  
Bond University, Gold Coast, Queensland, Australia

### Hobbies & Interests

- Hiking
- Gardening
- Ceramics
- Traveling
- Civic Engagement
  - Board Member, Morongo Basin Healthcare District, January 2022-December 2022
  - Board Member, Morongo Basin Community Health Centers, August 2021-December 2021
  - Board Candidate, Copper Mountain Community College District, November 2020